

# Teacher's Supplement - Building a Church Upon the Rock of Christ

## PROCEDURE

### SECTION 1

Lesson Development (15-20 minutes)

#### Description of a Church Built on the Rock of Christ

- Bear Christ's name
- Pray in Jesus's name
- Performances in the name of Christ
- Built upon Christ's doctrine
- Works of God evident
- Works of Jesus modeled
- No tolerance for sin
- \_\_\_\_\_

Life Application (10 minutes)

#### **Suggested Topics – Christ's doctrine on...**

- **Love** – Matthew 5:43-44; 22:37,39; 25:34-40; Luke 6:35; 3 Nephi 12:39-45
- **Prayer** - Matthew 6:5-13; 3 Nephi 13:5-13
- **Holy Ghost** – John 14:13-26; Moroni 6:9
- **Baptism** -3 Nephi 11:21-28
- **Washing Feet** - John 13:4-15
- **Salvation** - Matthew 28:18-20; Mark 16:15-18; 3 Nephi 11:30-41
- **Being Peaceable** - Matthew 5:21-25; 3 Nephi 12:21-25
- **Marriage** – Matthew 5:32; 19:4-6, 9; 22:30; Mark 10:6-9, 11-12; Jacob 2:27-29; 3 Nephi 12:32
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### SECTION 2

Review/Assessment (3-5 minutes)

#### Description of A Church Built Upon the Rock of Christ

The Church will...

- Bear Christ's name
- Pray in Jesus's name
  - No vain repetitions
  - Pray in secret
  - Ask for daily needs
  - Deliverance from evil
- Performances in the name of Christ
- Built upon Christ's doctrine
  - Love God
  - Love one another
  - Love for enemies
  - Marriage a sacred union between man and woman
- Works of God evident
  - Guided and powered by the Holy Ghost
- Works of Jesus modeled
  - Baptism
  - Gift of Holy Ghost
  - Feet washing
  - Communion
  - Anointing
  - Blessing children
- No tolerance for sin
  - Be peaceable
  - Be humble
  - Repent
- \_\_\_\_\_

## **Suggestions/Scriptures for Further Study/Exploration/Extension of Topic**

- ✓ Continue with participants' presentations of **Christ's Patterns**.
- ✓ Add additional topics of Christ's patterns that are relevant to your audience.

### ✓ **The Role of the Holy Ghost in the Church**

Provide in depth instruction on the role of the Holy Ghost in guiding and powering the Church

Holy Bible:

Matthew 16:13-19 (Christ revealed through power of the H.G.)

Luke 12:12 (Teacher)

John 14:26 (Teacher)

John 16:13 (Guide for truth and memory)

Acts 1:4-5 (Promise of baptism of H.G.)

Acts 2:1-4 (Reception of H.G., tongues by power of the H.G.)

Acts 3:1-8 (Healed by power of H.G.)

Acts 10:19,20 (Controls movement of believers)

Acts 10:38 (Jesus and H.G.)

Acts 13:2 (Directs in selection of church leaders)

Acts 16:6-12 (Chooses fields of operation)

1 Corinthians 2:4,5,9-13 (Source of instruction and wisdom)

1 John 2:27 (Teacher)

Book of Mormon:

1 Nephi 10:17-19, 22 (Source of knowledge and gifts, authoritative)

1 Nephi 12:7 (disciples chosen by H..G.)

1 Nephi 13:37 (Promise to followers/laborers)

1 Nephi 13:39 (Reveals and convinces of God's word)

2 Nephi 26:13 (manifested to believers)

Alma 5:44-47 (Reveals truth)

Moroni 6:9 (Conducts the church)

- ✓ Discuss similarities between the structures of (a) the human family (according to God's design) and (b) Christ's Church

## **Church Education Online Lessons**

- Grades 10-12 & Adult, "A World-wide Apostasy from the Gospel of Christ"

## The Rock of Christ - Assignment

“And now, my sons,...remember that it is upon the rock of our Redeemer, who is Christ, the Son of God, that ye must build your foundation; that when the devil shall send forth his mighty winds...when all his hail and his mighty storm shall beat upon you, it shall have no power over you to drag you down to the gulf of misery and endless wo, because of the rock upon which ye are built, which is a sure foundation, a foundation whereon if men build they cannot fall.” (Helaman 5:12)

He saith unto them, **But whom say ye that I am?** And Simon Peter answered and said, Thou art the Christ, the Son of the living God. And Jesus answered and said unto him, **Blessed art thou, Simon Barjona: for flesh and blood hath not revealed *it* unto thee, but my Father which is in heaven. And I say also unto thee, That thou art Peter, and upon this rock I will build my church; and the gates of hell shall not prevail against it. <sup>19</sup>And I will give unto thee the keys of the kingdom of heaven: and whatsoever thou shalt bind on earth shall be bound in heaven: and whatsoever thou shalt loose on earth shall be loosed in heaven.** Then charged he his disciples that they should tell no man that he was Jesus the Christ. (Matthew 16:15 - 20)

And Jesus came and spake unto them, saying, **All power is given unto me in heaven and in earth. Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you alway, even unto the end of the world. Amen.** (Matthew 28:18-20)

Jesus said, “...**this is my doctrine, and whoso buildeth upon this buildeth upon my rock, and the gates of hell shall not prevail against them.**” (3 Nephi 11:39)

“Whosoever cometh to me, and heareth my sayings, and doeth them,...He is like a man which built an house, and digged deep, and laid the foundation on a rock: and when the flood arose, the stream beat vehemently upon that house, and could not shake it: for it was founded upon a rock. (Luke 6:47-48)

Q. Who and /or what is more powerful than Satan and hell?

Q. Why is Christ more powerful than hell?

Q: Why is the doctrine of Christ more powerful than hell?

Q. Who reveals Jesus as the Christ to Peter?

Q. How is Jesus's kingdom authority revealed in Matthew 16:19 and Matthew 28:18-20?

Q. What rock makes a sure foundation?

# Christ's Patterns - Loving Our Enemy – Handout

## Christ's Instructions on Loving Your Enemies

### **Matthew 5:**

[43] Ye have heard that it hath been said, Thou shalt love thy neighbour, and hate thine enemy.

[44] But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you;

[46] For if ye love them which love you, what reward have ye? do not even the publicans the same?

[47] And if ye salute your brethren only, what do ye more than others? do not even the publicans so?

### **Luke 6:**

[31] And as ye would that men should do to you, do ye also to them likewise.

[32] For if ye love them which love you, what thank have ye? for sinners also love those that love them.

[33] And if ye do good to them which do good to you, what thank have ye? for sinners also do even the same.

[34] And if ye lend to them of whom ye hope to receive, what thank have ye? for sinners also lend to sinners, to receive as much again.

[35] But love ye your enemies, and do good, and lend, hoping for nothing again; and your reward shall be great, and ye shall be the children of the Highest: for he is kind unto the unthankful and to the evil.

### **3 Nephi 12:**

[39] But I say unto you, that ye shall not resist evil, but whosoever shall smite thee on thy right cheek, turn to him the other also;

[40] And if any man will sue thee at the law and take away thy coat, let him have thy cloak also;

[41] And whosoever shall compel thee to go a mile, go with him twain.

[42] Give to him that asketh thee, and from him that would borrow of thee turn not away.

[43] And behold it is written also, that thou shalt love thy neighbor and hate thine enemy;

[44] But I say unto you, love your enemies, bless them that curse you, do good to them that hate you, and pray for them who despitefully use you and persecute you;

[45] That ye may be the children of your Father who is in heaven; for he maketh his sun to rise on the evil and on the good.

**Q.** What did Jesus teach on how to treat someone who is against us?

**Q.** How will we be rewarded for being kind and loving to someone who opposes us?

**Q.** How does God treat those who resist Him?

**Q.** What relationship does loving our enemy have with receiving salvation?

**Q.** How does The Church of Jesus Christ model love for those who are against it?

## Christ's Patterns – Loving God and Others – Handout

### Christ's Instructions on Loving God and Loving Others

#### **Matthew 22:**

[37] Jesus said unto him, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.

[38] This is the first and great commandment.

[39] And the second is like unto it, Thou shalt love thy neighbour as thyself.

[40] On these two commandments hang all the law and the prophets.

#### **Matthew 25:**

[34] Then shall the King say unto them on his right hand, Come, ye blessed of my Father, inherit the kingdom prepared for you from the foundation of the world:

[35] For I was an hungered, and ye gave me meat: I was thirsty, and ye gave me drink: I was a stranger, and ye took me in:

[36] Naked, and ye clothed me: I was sick, and ye visited me: I was in prison, and ye came unto me.

[37] Then shall the righteous answer him, saying, Lord, when saw we thee an hungred, and fed thee? or thirsty, and gave thee drink?

[38] When saw we thee a stranger, and took thee in? or naked, and clothed thee?

[39] Or when saw we thee sick, or in prison, and came unto thee?

[40] And the King shall answer and say unto them, Verily I say unto you, Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me.

Q. How does Jesus want us to love our Heavenly Father?

Q. What importance does Jesus place on loving our Heavenly Father?

Q. What instructions did Jesus give on loving others?

Q. What significance/value does Jesus place on His commandments to love? (Matthew 22:40)

Q. How can we become aware of whether we are treating others as equals or not?

Q. What feelings or actions demonstrate that we are treating others as equals?

Q. How does loving others applicable to loving God?

Q. What relationship exists between love for others and salvation?

Q. How does The Church of Jesus Christ model love for God and for others?

## Christ's Patterns - Prayer – Handout

### Christ's Instructions on Prayer

#### **Matthew 6:**

- [5] And when thou prayest, thou shalt not be as the hypocrites are: for they love to pray standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, They have their reward.
- [6] But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.
- [7] But when ye pray, use not vain repetitions, as the heathen do: for they think that they shall be heard for their much speaking.
- [8] Be not ye therefore like unto them: for your Father knoweth what things ye have need of, before ye ask him.
- [9] After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name.
- [10] Thy kingdom come. Thy will be done in earth, as it is in heaven.
- [11] Give us this day our daily bread.
- [12] And forgive us our debts, as we forgive our debtors.
- [13] And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen.

#### **3 Nephi 13:**

- [5] And when thou prayest thou shalt not do as the hypocrites, for they love to pray, standing in the synagogues and in the corners of the streets, that they may be seen of men. Verily I say unto you, they have their reward.
- [6] But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father who is in secret; and thy Father, who seeth in secret, shall reward thee openly.
- [7] But when ye pray, use not vain repetitions, as the heathen, for they think that they shall be heard for their much speaking.
- [8] Be not ye therefore like unto them, for your Father knoweth what things ye have need of before ye ask him.
- [9] After this manner therefore pray ye: Our Father who art in heaven, hallowed be thy name.
- [10] Thy will be done on earth as it is in heaven.
- [11] And forgive us our debts, as we forgive our debtors.
- [12] And lead us not into temptation, but deliver us from evil.
- [13] For thine is the kingdom, and the power, and the glory, forever. Amen.

Q. What advice does Jesus give on praying?

Q. How can one be hypocritical when praying?

Q. How long should a prayer be?

Q. What main topics does Jesus include in His pattern for prayer?

Q. What differences exist between the prayers that Jesus taught in Jerusalem and the Americas? For what reasons might be these differences?

Q. How does The Church of Jesus Christ model Christ's instructions on prayer?

# Christ's Patterns – Baptism – Handout

## Christ's Instructions on Baptism

### 3 Nephi 11:

[21] And the Lord said unto him: I give unto you power that ye shall baptize this people when I am again ascended into heaven.

[22] And again the Lord called others, and said unto them likewise; and he gave unto them power to baptize. And he said unto them: On this wise shall ye baptize; and there shall be no disputations among you.

[23] Verily I say unto you, that whoso repenteth of his sins through your words and desireth to be baptized in my name, on this wise shall ye baptize them -- Behold, ye shall go down and stand in the water, and in my name shall ye baptize them.

[24] And now behold, these are the words which ye shall say, calling them by name, saying:

[25] Having authority given me of Jesus Christ, I baptize you in the name of the Father, and of the Son, and of the Holy Ghost. Amen.

[26] And then shall ye immerse them in the water, and come forth again out of the water.

[27] And after this manner shall ye baptize in my name; for behold, verily I say unto you, that the Father, and the Son, and the Holy Ghost are one; and I am in the Father, and the Father in me, and the Father and I are one.

[28] And according as I have commanded you thus shall ye baptize. And there shall be no disputations among you, as there have hitherto been; neither shall there be disputations among you concerning the points of my doctrine, as there have hitherto been.

Q. How did Jesus's disciples receive authority to baptize?

Q. On what terms/conditions did Jesus say a person should be baptized?

Q. What are Jesus's instructions for baptizing?

Q. How did Jesus convey His seriousness on following His instructions precisely when baptizing?

Q. How does following Jesus's commandments on baptism demonstrate being under His authority?

Q. How does The Church of Jesus Christ follow Christ's instructions when baptizing?

## Christ's Patterns – Holy Spirit – Handout

### Meetings Conducted after the manner of the working of the Spirit and by the Power of the Holy Ghost

#### **Moroni 6:**

[9]And their meetings were conducted by the church after the manner of the workings of the Spirit, and by the power of the Holy Ghost; for as the power of the Holy Ghost led them whether to preach, or to exhort, or to pray, or to supplicate, or to sing, even so it was done.

#### **John 14:**

[13]And whatsoever ye shall ask in my name, that will I do, that the Father may be glorified in the Son.

[14]If ye shall ask any thing in my name, I will do *it*

[16]And I will pray the Father, and he shall give you another Comforter, that he may abide with you for ever;

[17]Even the Spirit of truth; whom the world cannot receive, because it seeth him not, neither knoweth him: but ye know him; for he dwelleth with you, and shall be in you.

[18]I will not leave you comfortless: I will come to you.

[26] But the Comforter, *which is* the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.

**Q.** Who guides a church that is built on the rock of Christ?

**Q.** Why does being powered by the Holy Ghost demonstrate being under God's authority?

**Q:** What might someone see when the Holy Spirit works in a church? What might someone feel when the Holy Spirit works in a church? What might someone hear when the Holy Spirit works in a church?

**Q.** Of what does the Holy Spirit teach or remind?

**Q.** What evidence exists that The Church of Jesus Christ is guided and powered by the Holy Ghost?



## Christ's Patterns – Washing Feet – Handout

### Christ's Instructions on Washing Feet

#### **John 13:**

[4] He riseth from supper, and laid aside his garments; and took a towel, and girded himself.

[5] After that he poureth water into a bason, and began to wash the disciples' feet, and to wipe them with the towel wherewith he was girded.

[6] Then cometh he to Simon Peter: and Peter saith unto him, Lord, dost thou wash my feet?

[7] Jesus answered and said unto him, **What I do thou knowest not now; but thou shalt know hereafter.**

[8] Peter saith unto him, Thou shalt never wash my feet. Jesus answered him, **If I wash thee not, thou hast no part with me.**

[9] Simon Peter saith unto him, Lord, not my feet only, but also my hands and my head.

[10] Jesus saith to him, **He that is washed needeth not save to wash his feet, but is clean every whit: and ye are clean, but not all.**

[11] **For he knew who should betray him; therefore said he, Ye are not all clean.**

[12] So after he had washed their feet, and had taken his garments, and was set down again, he said unto them, **Know ye what I have done to you?**

[13] **Ye call me Master and Lord: and ye say well; for so I am.**

[14] **If I then, your Lord and Master, have washed your feet; ye also ought to wash one another's feet.**

[15] **For I have given you an example, that ye should do as I have done to you.**

[16] **Verily, verily, I say unto you, The servant is not greater than his lord; neither he that is sent greater than he that sent him.**

[17] **If ye know these things, happy are ye if ye do them.**

Q. What steps does Jesus take when washing His disciples' feet?

Q. What life-lessons does Jesus teach by washing His disciples' feet?

Q. What promise does Jesus give to those who humble themselves to obey His commandments?

Q. How does washing feet demonstrate being under the authority of Jesus (verses 14-15)?

Q. How does washing feet demonstrate being under the authority of Jesus (verses 14-15)?

Q. How does The Church of Jesus Christ follow the teachings of Jesus when washing feet?

# Christ's Patterns – Salvation – Handout

## Christ's Instructions on Salvation

### Mark 16:

[15] And he said unto them, Go ye into all the world, and preach the gospel to every creature.

[16] He that believeth and is baptized shall be saved; but he that believeth not shall be damned.

### John 3:

[16] For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.

[17] For God sent not his Son into the world to condemn the world; but that the world through him might be saved.

### 3 Nephi 11:

[32] And this is my doctrine, and it is the doctrine which the Father hath given unto me; and I bear record of the Father, and the Father beareth record of me, and the Holy Ghost beareth record of the Father and me; and I bear record that the Father commandeth all men, everywhere, to repent and believe in me.

[33] And whoso believeth in me, and is baptized, the same shall be saved; and they are they who shall inherit the kingdom of God.

[34] And whoso believeth not in me, and is not baptized, shall be damned.

[35] Verily, verily, I say unto you, that this is my doctrine, and I bear record of it from the Father; and whoso believeth in me believeth in the Father also; and unto him will the Father bear record of me, for he will visit him with fire and with the Holy Ghost.

[39] Verily, verily, I say unto you, that this is my doctrine, and whoso buildeth upon this buildeth upon my rock, and the gates of hell shall not prevail against them.

[40] And whoso shall declare more or less than this, and establish it for my doctrine, the same cometh of evil, and is not built upon my rock; but he buildeth upon a sandy foundation, and the gates of hell stand open to receive such when the floods come and the winds beat upon them.

[41] Therefore, go forth unto this people, and declare the words which I have spoken, unto the ends of the earth.

Q. What does Jesus teach on how to be saved?

Q. What does the gospel of salvation convey about God's love for all people?

Q. According to Jesus, what is the consequence for altering His teachings and teaching them as His doctrine?

Q. How does declaring the words of Christ demonstrate being under His authority?

Q. What relationship exists between belief in Christ, being baptized, and entering heaven?

Q. What is the cleansing of fire and visitation of the Holy Ghost evidence of and how do they demonstrate being built upon the rock of Christ?

Q. How does The Church of Jesus Christ follow Christ's teachings on salvation?

# Christ's Patterns – Being Peaceable – Handout

## Christ's Instructions on Being Peaceable

### **Matthew 5:**

[9] Blessed are the peacemakers: for they shall be called the children of God.

[22] But I say unto you, That whosoever is angry with his brother without a cause shall be in danger of the judgment: and whosoever shall say to his brother, Raca, shall be in danger of the council: but whosoever shall say, Thou fool, shall be in danger of hell fire.

[23] Therefore if thou bring thy gift to the altar, and there rememberest that thy brother hath ought against thee;

[24] Leave there thy gift before the altar, and go thy way; first be reconciled to thy brother, and then come and offer thy gift.

[25] Agree with thine adversary quickly, whiles thou art in the way with him; lest at any time the adversary deliver thee to the judge, and the judge deliver thee to the officer, and thou be cast into prison.

### **3 Nephi 11:**

[30] Behold, this is not my doctrine, to stir up the hearts of men with anger, one against another; but this is my doctrine, that such things should be done away.

### **3 Nephi 12:**

[22] But I say unto you, that whosoever is angry with his brother shall be in danger of his judgment. And whosoever shall say to his brother, Raca, shall be in danger of the council; and whosoever shall say, Thou fool, shall be in danger of hell fire.

[23] Therefore, if ye shall come unto me, or shall desire to come unto me, and rememberest that thy brother hath aught against thee

[24] Go thy way unto thy brother, and first be reconciled to thy brother, and then come unto me with full purpose of heart, and I will receive you.

[25] Agree with thine adversary quickly while thou art in the way with him, lest at any time he shall get thee, and thou shalt be cast into prison.

Q. What honor is associated with being peaceable?

Q. What danger is there in being angry for no reason ?

Q. What did Jesus say to do if anger is present in a relationship?

Q. What danger is there in not making up quickly?

Q. What is Jesus's stand on being angry?

Q. How do peaceful relationships demonstrate being under Jesus's authority?

Q. How does The Church of Jesus Christ follow Christ's teachings on being peaceable?

# Christ's Patterns – Marriage – Handout

## Christ's Instructions on Marriage

### Matthew 5

32 But I say unto you, That whosoever shall put away his wife, saving for the cause of fornication, causeth her to commit adultery: and whosoever shall marry her that is divorced committeth adultery.

### Matthew 19

4 And he answered and said unto them, Have ye not read, that he which made *them* at the beginning made them male and female, 5 And said, For this cause shall a man leave father and mother, and shall cleave to his wife: and they twain shall be one flesh? 6 Wherefore they are no more twain, but one flesh. What therefore God hath joined together, let not man put asunder.

9 And I say unto you, Whosoever shall put away his wife, except *it be* for fornication, and shall marry another, committeth adultery: and whoso marrieth her which is put away doth commit adultery.

### Matthew 22

30 For in the resurrection they neither marry, nor are given in marriage, but are as the angels of God in heaven.

### Mark 10

6 But from the beginning of the creation God made them male and female. 7 For this cause shall a man leave his father and mother, and cleave to his wife; 8 And they twain shall be one flesh: so then they are no more twain, but one flesh. 9 What therefore God hath joined together, let not man put asunder.

11 And he saith unto them, Whosoever shall put away his wife, and marry another, committeth adultery against her.

12 And if a woman shall put away her husband, and be married to another, she committeth adultery.

### Jacob 2

[27] Wherefore, my brethren, hear me, and hearken to the word of the Lord: For there shall not any man among you have save it be one wife; and concubines he shall have none;

[28] For I, the Lord God, delight in the chastity of women. And whoredoms are an abomination before me; thus saith the Lord of Hosts.

[29] Wherefore, this people shall keep my commandments, saith the Lord of Hosts, or cursed be the land for their sakes.

### 3 Nephi 12

[32] Verily, verily, I say unto you, that whosoever shall put away his wife, saving for the cause of fornication, causeth her to commit adultery; and whoso shall marry her who is divorced committeth adultery.

Q. According to the words of Christ, for whom did God design marriage?

Q. What does the term 'cleave' indicate about the unity in the marriage relationship?

Q. According to the words of Christ, how long is marriage intended to last?

Q. What value does Christ place on the sacredness of marriage?

Q. How does The Church of Jesus Christ model Christ's doctrine on marriage?